

JEFFERSON COUNTY LOCAL FOOD GUIDE

2023 LOCAL FOOD - FRESH TO YOU, FAIR TO FARMERS

FRESH FOODS LOCAL FARMS & FARM STANDS FARMERS MARKETS RETAIL STORES RESTAURANTS CRAFT BEVERAGE PRODUCERS





Cornell Cooperative Extension of Jefferson County educates youth, families, farmers, and communities using research-based knowledge for practical application and lifelong learning.

203 N. Hamilton St. Watertown, NY 13601 Tel: 315-788-8450 Fax: 315-788-8461 www.ccejefferson.org

Cornell Cooperative Extension | Jefferson County





Helpful Tips for **Purchasing Local Foods**

Respect the farmer's home.

Many farm stands are on farm property and may be close by their home. Avoid wandering as there may be delicate crops, equipment, and animals nearby.

Be prepared with cash and change.

Many farm stands are cash only and use an honor system, meaning there may not be someone available to break larger bills.

Bring your own bags.

Bring your own bags and return any reusable packaging when possible.

Check the hours beforehand.

Contact the farm in advance if you're unsure of their location or hours. Especially on Sundays, as many farmstands are closed.

Shop earlier in the day.

Shop earlier in the day for fresher produce and more variety.

Always rinse your produce.

Always rince your produce under running water, even before sampling.

Good Reasons to Buy Food Locally

In season produce is often cheaper.

Eat more produce on average.

Fresher and longer lasting produce.

Get unique produce not available at grocery stores.

Reduce your carbon footprint.

Support small businesses!



ABOUT THIS GUIDE

This guide points you to the freshest and best tasting food grown and produced by your neighbors. Shop at the locations listed in this guide and help keep your food dollars circulating in our local community.

The farms and businesses in this guide have assured us that they sell food they have raised themselves or food they have produced themselves using largely local ingredients.

In addition to their own food, these farms and businesses may also sell food that is not locally grown or produced. When shopping for local food, feel free to ask, "Did you grow this yourself?"

WAYS TO BUY

csa Community Supported Agriculture



Farm Stand



Sales from Home



U-pick

We also list the farmers markets, retailers, and restuarants where you can find locally grown and produced foods.

PAYMENTS WELCOME



Cash Only, No Cards



Credit and Debit Cards



Venmo



Paypal



SNAP/EBT



Farmers Market **Nutrition Coupons**



CNY Health Bucks



FRESH Fresh Connect



Visit www.jcnylocalfoods.org for an online, interactive version of the 2023 **Jefferson County Local Food Guide!**

Throughout the guide you will see pictures of local farms, foods, markets, and farmers. These images were provided by Cornell Cooperative Extension employees, local farmers, and other Jefferson County community members.

JEFFERSON COUNTY

FARMERS MARKETS



Reasons to Shop at a Farmers Market

Farmers markets offer a wide diversity of affordable foods.

Many varieties of vegetables and fruits are simply not found anywhere but at your local farmers market.

Vegetables and fruits are the freshest at farmers markets.

They are harvested within hours of being offered to you. That is when they are at their peak for flavor and freshness, and full of vitamins and minerals that are important to keeping us healthy.

Farmers love to tell their story.

When you shop at a farmers market you have the opportunity to meet and visit with the farmers who grow your food. You can ask guestions and learn about agriculture and how your food is grown and harvested.

Shopping at a farmers market is a family-friendly experience.

Support your local farming community by buying your food directly from a farmer. You are supporting a local economy when you spend your food dollars at a farmers market.

Support a more "green" environment.

The traditional meal, including meat and vegetables, travels anywhere from 1,500 - 2,400 miles to reach your plate. When you shop at a farmers market, your food comes from just a few miles away!

2023 SCHEDULE

CAPE VINCENT CAPE STREET MARKET

Every Tuesday 10 AM - 4 PM

June 6 - Sept 26

Village Green, Broadway St.



WATERTOWN FARM AND CRAFT MARKET

Every Wednesday 7 AM - 3 PM

May 24 - Oct 4

Dulles State Office Bldg., Washington St.



SNAP FMNP CNY HEALTHS

CLAYTON FARMERS MARKET

Every Thursday 10 AM - 4 PM

June 1 - Oct 12

Village Park Circle, Mary St.



SNAP FMNP CNY FRESH

ALEXANDRIA BAY FARMERS MARKET

Every Friday 9 AM - 3 PM

May 26 - Sept 15

Kinney Drugs Parking Area, Rte. 12

CARTHAGE FARMERS MARKET

Every Friday 10 AM - 4 PM

May 26 - Oct 13

Farmers Market Pavilion, Riverside Dr.



SNAP FMNP CNY FRESH

LYME FARMERS MARKET

Every Friday 11 AM - 5 PM

June 9 - Sept 29

Lyme Community Center, Rte. 12E



WATERTOWN SATURDAY FARMERS MARKET

Every Saturday 9 AM - 2 PM

May 27 - Oct 28

JB Wise Place Pavilion



SNAP FMNP CNY FRESH

COYOTE MOON VINEYARDS FARM & FLEA MARKET

Every Sunday 10 AM - 4 PM

June 4 - Sept 24 East Line Rd, Clayton

FOOD BENEFIT PROGRAMS

Supplemental Nutrition Assistance Program (SNAP):

SNAP/EBT is welcome at participating farmers markets to purchase as many \$1 wooden tokens as you'd like. These tokens act as cash within the market.



Tokens may be used at any market booth that displays the "Food Stamp (EBT) Tokens Accepted Here" sign. Tokens may be used to purchase fruits and vegetables, seeds and plants that grow food, breads, meat, fish, eggs, poultry, eggs, dairy products, maple and honey products, wrapped and labeled baked goods, jams, sauces, and soups. They cannot be used to purchase alcohol, tobacco products, non-food items, food meant to be eaten on-site, hot foods, vitamins, or medicines. Unused tokens may be saved for the next time you shop the market; tokens do not expire. Unused tokens may also be exchanged at the token booth for a refund back onto your EBT/SNAP card. Tokens ARE marketspecific and cannot be transferred between markets as each token is labeled with the particular market it was distributed from. Individual market vendors, farm stands, and mobile markets certified to accept EBT may also accept SNAP with an EBT card reader. Look for signage identifying that EBT cards are accepted at these locations.

Farmers Market Nutrition Program (FMNP):

FMNP provides checks to women, infants and children through the Women, Infants and Children Program (WIC) and to income-eligible seniors (60 years or older) through the Commodity Supplemental Food Program (CSFP) for the purchase of locally grown, fresh unprocessed, fruits and vegetables at farmers markets, roadside stands, and mobile markets that have been approved by the state agency to accept FMNP coupons. The program runs from June 1 - November 30.

WIC participants can call their local agency to have checks mailed or to arrange pick up. Here in Jefferson County, that number is 315-782-9222.

Seniors can pick up from the Office for the Aging at the Jefferson County Office Building at 175 Arsenal St. or call 315-785-3191 for more information.

FreshConnect (FCC):

The FCC program encourages recipients to use their Supplemental Nutrition Assistance Program (SNAP) benefits at participating farmers markets, farm stands, and mobile markets where SNAP eligible foods are sold. For every \$5 in SNAP benefits a customer exchanges for wooden tokens, a \$2 FreshConnect Check may be issued to be spent at the market on any SNAP eligible foods, increasing the purchasing power of SNAP consumers by 40 percent. This program runs all year, from January 1st to December 31st.

FreshConnect is also available to Veterans, service members, and their immediate family members.

They can be picked up at the NYS Dev of Veterans Affairs office on Fort Drum and participating farmers markets.

CNY Health Bucks:

CNY Health Bucks provide emergency food program guests with the opportunity to purchase produce at their local farmers market while simultaneously supporting the local economy. The \$2 coupons are distributed through food pantries, soup kitchens, and other anti-hunger organizations. Consumers who use SNAP benefits may also receive Health Bucks as an incentive when using electronic benefits (EBT) at participating farmers markets.

For more information, contact Food Bank of Central New York at 315-437-1899.

North Country Fruit & Vegetable Prescription Program:

This 6 week program provides \$25 worth of vouchers weekly for fresh fruits and vegetables to individuals at risk of or diagnosed with a diet-related chronic disease and experiencing nutrition insecurity. The goal of this program is to help individuals learn new, healthy ways to eat more fruits and vegetables to address health concerns. Vouchers are redeemable at participating producers and retailers.

Ask your health care provider for more information on how to receive a referral.

Looking for recipes and resources on preparing and eating healthy on a budget?

Contact the CCE Nutrition Department at: aln48@cornell.edu or 315-788-8450 ext. 265.

ADAMS

Derail Farm



11184 Cobbville Rd derailfarm.com Jordan Stevens 315-804-4366 (f)

vegetables, herbs, berries, edible flowers Please call ahead. Available at Watertown Saturday Farmers Market.

Diller Farm



15107 St Rte. 178 Ralph A. Diller 315-729-0918 vegetables, beef, eggs (ASH)

Grimshaw Farm Stand



Next Generation Creamery 9922 Co. Rte. 152 Patrick Grimshaw 315-486-2340

vegetables, berries, apples, maple products, cheese, beef, eggs, pork, milk, yogurt, butter, ice cream

Available at Sharp's Bulk Food, Fargo's Family Market, Farm Pride, Adams Center Market, Freeway Grocery, Philly Fuels, North Country Store, Steiner's General Store.

Sheland Farms

12043 Co. Rte. 79 dshel@frontiernet.net Doug Shelmidine 315-846-5640 (1) beef Please call ahead.

ADAMS CENTER

Tickle the Earth Farm





vegetables, eggs, chicken, rabbit, cherries, peaches, pears, plums 🔊 🛼 FMNP Please call ahead.

ANTWERP

Chicory Hill Farm

arrtixfox@yahoo.com Allen Funk 315-804-4680 vegetables, herbs, berries, eggs SAP SAP Available at Watertown Saturday Farmers Market, Carthage Farmers Market.

CALCIUM

Five Corners Greenhouse



27516 Five Corners Rd deborahbiondolillo@gmail.com Sam & Debbie Biondolillo 315-783-5600 vegetables, herbs, pumpkins (ASH



CAPE VINCENT

Lawrence Family Farm



33020 Hell St. lawrencefarm.weeblv.com Rick & Sheila Lawrence 315-654-3381

beef, beef snacks Please call ahead. Also available at Mirabito, Adams Cheese Store, TI Bait Store, Alex Bay Valero, Walton St Market, Dark Island Distillery, Thousand Islands Winery, Belleville Farm Pride, Aubrey's Market, Bach's Hardware, Slider's, Clayton Distillery, The General Store, Steiner's General Store, Burrville Cider Mill, Philly Fuels, LaFargeville Agway.

Moonrise Bread Co.



190 William St. CSA: Moonrise Bread Co moonrisebreadco@amail.com Shannon Walter 410-294-0466

bread, baked goods Certified Organic - NOFA-NY Available at Bella's, Chaumont Country Store, Hunner's Market

Riverside Farm NY



32089 Co Rte 6 CSA: Riverside Farm riversidefarmcv@gmail.com Carly Basinger vegetables, berries, herbs Certified Organic NOFA-NY Available at Hunner's Market.

CARTHAGE

BushGarden's



10371 NYS Rte. 26 bushgardens@live.com Loren & Chris Bush 315-783-8642 (1)

vegetables, herbs, berries, apples, eggs, maple products





🥿 🎇 🎮 Also available at Watertown Farm & Craft Market.

Denmark Apple Orchard



10080 Old State Rd. denmarkappleorchard.mynny.biz Patsy Makuch 315-771-4354 •

apples SNAP





32933 Co. Rte. 143 stickydickshoneyproducts.com Mark and Shanie Strife 315-783-0649 honey Available at Alteri's, Bottle Caps Beverage

Center, Crosstown Julie Brown Re-Market, Griff's, Simmons Farm at 342, Tug Edge Outdoor & More, St Lawrence Soap Co, The American Narrows Trading Co, Eclectic Boutique, Riverbay Adventure Inn, Michael Ringer St. Lawrence Gallery, Bill's Feeds, Calla Lillies, Watertown Farm & Craft Market.

White Creek Gardens



32984 Co. Rte. 143 khadleyproduce@yahoo.com Kevin & Sandra Hadley 315-777-5394 vegetables, herbs, berries, apples, honey (NIX)

CHAUMONT

Rogers Family Farm

28632 Old Town Springs Rd Joshua Rogers 315-783-8730 💔



beef, pork NYS Grown & Certified (ASH)



CLAYTON

Bechaz Riverdale Cheese & Gelateria

37851 Deferno Rd bechazriverdalecheese.com Jeffrey & Melinda Bechaz 315-686-5979

cheese, gelato, beef Available at The Victorian,

Surefine, Coyote Moon, The Gal's, TI Winery, Swan Bay Resort, Riveredge Resort, Alex Bay Valero, North Country Store, CWay Anthony's General Store, Dexter Market, The Chateau, Bellas Channelside, Tricia's Rondette, Longways, Whitecaps.

Frontenac Crystal Springs

37095 Co. Rte. 4 frontl0ac.com Pete Colello 315-686-4142 •

spring water CASH

Lake Effect Maple

35100 Clayton Center Rd lakeeffectmapleco@gmail.com Justin Wagoner, Nick Danielson 315-408-1168 🙃 maple products (ASH) Please call ahead.



Town of Clayton Seed Library

Depauville Free Library 32333 Co. Rte. 179 depauvillefreelibrary.org 315-686-3299 seeds loaned and saved, free seeds, heirlooms, vegetables, herbs, community garden

DEXTER

Star School Farm

19034 Star Schoolhouse Rd starschoolfarm@gmail.com 315-778-8580 vegetables, herbs, beef, chicken, eggs, vegetable plants CASH Please call ahead.

ELLISBURG

Bear Creek Honey

12022 NY Rt. 193 glake104@gmail.com Greg Lake 315-778-2920

honey Available at Old Creamery Fabrics & Quilting.

EVANS MILLS

Country Cousins Farm

29415 Fults Rd countrycousinsfarm.com Stanley & Sharon Horning 315-956-4394

beef, eggs, milk (ASH)

Martin Road North Gardens

28483 Martin Rd North CSA: Martin Road North Garden mrngardens.square.site Bruce Johnson 315-783-9945 (1)

vegetables, herbs, butter with Emp Available at

Carthage Farmers Market, Clayton Farmers Market, Cape Street Market

Seaway Coldhardy Grapes

29250 US Rte. 11 seawaycoldhardygrapes.com Duane A. Smith 315-767-5202 (f)

berries, grapes, honeyberries, rhubarb, jams, fruiting plants CASH FMNP Available at North Country Welcome Center Taste NY, Watertown Saturday Farmers Market.















HENDERSON

Gerni Farms

2726 NYS Rte. 3 Sean Gerni 315-408-7987 vegetables, beef, chicken, eggs

North Branch Farms

7759 Lake Rd Canzonier Family 315-523-0760 😚 sweet corn, u-pick pumpkins (ASH) V

LAFARGEVILLE

Baty Farm

30820 NYS Rte. 180 tnlbaty@gmail.com Tim Baty 850-603-3711 vegetables Certified Organic NOFA-NY (ASH

NNY Windy Acres Nursery

23672 Co. Rt. 3 windy-acres-nursery.com Carmel Robinson 315-215-4010 (f)

vegetables, herbs, berries, apples, honey, cheese, eggs, milk, yogurt, flowers Available at Alexandria Bay Farmers Market.

St Lawrence River Valley Growers

24596 Allen Rd mike.slrvg@gmail.com Michael Wiser, Jamie Parker 315-777-6491

garlic, vegetables Please call ahead. Available at Carthage Farmers Market, Watertown Saturday Farmers Market.

Strock Farms

33862 Tracy Rd Tyler & Sheri Strock 315-523-0405 vegetables, herbs, berries, apples, honey, maple products, chicken, beef, eggs, pumpkins

Please call ahead. Available at Clayton Farmers Market, Lyme Community Center Farmers Market.

MANNSVILLE

Jones Apple Farm

2186 NYS Rte. 3 sljones@frontiernet.net Stephen Jones 315-846-5361 apples, grape juice CASH V

NATURAL BRIDGE

Cogumelo Mushrooms

4090 Factory Rd cogumelomushrooms.com Liam Carney 315-771-0650 (f)

mushrooms, vegetables, berries, turkey, chicken, eggs

Please call ahead. Available at Watertown Saturday Farmers Market, Watertown Farm and Craft Market.

PHILADELPHIA

Farm Fresh Produce

31495 Co. Rte. 20 Amos Gingerich vegetables, berries, eggs, pumpkins, jam (ASH)

Slabaugh Farm Stand

31669 St. Rte. 26 Harvey D. Slabaugh vegetables, berries, honey, maple products, beef, chicken, eggs, pork, jams, baked goods 655

Martin's Greenhouse

32299 US Rte. 11 martinsgreenhouse.com Luke Martin 315-642-6200 (f) vegetables, berries, apples, honey, maple products, grapes, beef, milk, yogurt, butter, eggs

Millers Produce

31823 Co. Rte. 20 John Miller vegetables, strawberries, berries, eggs (ASH)

Walnut Grove Apiaries

36849 Ore Bed Rd ronaldlauff@gmail.com Ron Lauff 315-921-5211

honey (ASH) Available at Watertown Saturday Farmers Market.

REDWOOD

Better Farm

31060 Cottage Hill Rd betterfarm.org CSA: Better CSA Nicole Caldwell & David Magbee 315-482-2536

vegetables, herbs, honey, eggs









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RODMAN

KingLee Farm

UAP

14651 Co. Rte. 68 kingleefarm@gmail.com Erik & Danielle King 315-203-0031 •• vegetables, beef, turkey, chicken, eggs, pork

Available at Watertown Farm & Craft Market, Carthage Farmer's Market.

Lucki7 Livestock Co.



20562 Co. Rte. 69 lucki7livestock.com CSA: L7 Livestock Stephen & Lisa Winkler 315-767-6809

beef, turkey, chicken, eggs, pork, goat, lamb

NYS Grown & Certified Please call ahead. Available at
The Chateau, Bellas, Garland City.

Pickert Family Farm



12010 Washington Park Rd pickertfamilyfarm.com Billie Pickert 315-486-9801

maple syrup Certified Organic - NOFA-NY Available at Adams Center Market, Adams Cheese Shop, Dexter Market, Shedlight, Chaumont Country Store.

Ruddman Ranch



24037 Kenfiled Rd erudd4053@gmail.com Emily & Greg Rudd 315-767-3818

Schrader Farm



22657 Williams Rd CSA: Miracles by the Acre Janet Schrader 315-232-3786

vegetables, lamb Please call ahead.

Timmy Crack Corn



10947 Lowe Rd trhannon400@yahoo.com Robin Hannon 315-232-2032

honey, maple products, jams Please call ahead. Available at North Country Welcome Center Taste NY, Watertown Farm & Craft Market.

SACKETS HARBOR

Northern Lights Nursery



18020 Co. Rte. 75 northernlightsny@yahoo.com Gary Falk 315-777-2450 _

vegetables, herbs, berries Available at Watertown Farm & Craft Market, Watertown Saturday Farmers Market.

Old McDonald's Farm



14369 Co. Rte. 145 oldmcdonaldhasafarm.com Julia Ledoux 315-583-5737 **()** sweet corn, pumpkins, ice cream

Sackets Community Farmstand



112 W Main St. sacketsfarmstand.com Alex Morgia 315-681-3090

vegetables, herbs, eggs, duck eggs, honey

Open Saturdays only, 9am-3pm, Memorial Day-Labor Day.

THERESA

LM Farm



32167 Rte. 46 Lamar Miller 315-329-1190 vegetables, turkey, rabbits, chicken, eggs, pork Please call ahead. Available at Tops Market, Price Chopper, Martin's Greenhouse.

Joseph Swartzentruber



36920 Co. Rte. 22 Joseph Swartzentruber vegetables, berries, eggs

THREE MILE BAY

Luff Farms



21272 S. Shore Rd lufffarms.com
Kurt & Lori Lanning 315-649-2985

vegetables, berries, garlic powder, other spices

NYS Grown & Certified Also available at Hunner's Market, 315 Artisan Market, Cookies Goodies Bakery.



WATERTOWN

Beese Apiaries

26246 Cramer Rd beeseapiaries@yahoo.com John & Rebeka Beese 315-767-1851 💔 honey Please call ahead. Available at Beese's Depot Cafe, Burrville Cider Mill, Steiner's General Store, Adams Cheese Shop.

Churchill Farms Honey

18161 Co. Rte. 156 rolly@twcny.rr.com Rolly Churchill 315-788-8139 (f) honey, maple products Available at North Country Welcome Center Taste NY.

Farm Fresh Produce

17164 Archer Road Henry M. Stoltzfus vegetables, berries, apples, honey, maple, cherries, peaches, chicken Available at Nolts Country Store.

JB Acres

26000 St. Rte. 283 babcock1972@yahoo.com James Babcock 315-681-7273 (f) vegetables, herbs, maple, turkey, eggs, chicken

Available at Asian Market, Chaumont Country Store.

Maple Chase Farm

16695 Sandy Creek Vly Rd CSA: Miracles by the Acre maplechasefarm@yahoo.com Leroy Burnham, Joanne Armstrong 315-767-2845 (7)

vegetables, maple products Please call ahead.

Maplewood Sweets

20322 Cty. Rte. 63 maplewoodsweets.com Scott Zehr 315-222-6796 😚 maple products NYS Grown & Certified

Please call ahead. **Massey Ranch**

20605 Combs Rd masseyranch.com Shawn & Meghan Massey 315-783-5939 maple products, honey Available at Massey's Furniture Barn, Crosstown Julie Brown Re-Market, Chaumont Country Store, Sackets Harbor Country Store.

Northrop Farms

30058 St. Rte. 180 northropfarms.com Jon & Jen Northrop 315-771-4395 (†) vegetables, beef, lamb, pork, eggs SNAP FMNP Available at Watertown Saturday Market.

Rock and Jam

20054 Reasoner Rd rockandjam.webs.com Yvonne Youngs 315-777-3203 (7) jams, jellies Please call ahead. Available at North Country Welcome Center Taste NY, State Street Market, Burrville Cider Mill, Chaumont Country Store, Shedlight Organics, An Eclectic Boutique, NNY Windy Acres, Watertown Farm & Craft Market.

Wind Swept Meadows Farm

17025 Co. Rte. 68 CSA: Miracles by the Acre keeneyswindsweptmeadowfarm.com Delta & Tom Keeney 315-788-1933 😚 vegetables, herbs, baked goods, berries, beef, turkey, chicken, eggs, jams SNAP MIND

Wyn-de-Elm Farm

20598 Rome State Rd kmereand@yahoo.com Kathleen Mereand 315-489-9615 vegetables, herbs, apples, berries (ASH) FMNP Available at Watertown Saturday Farmers Market.

WELLESLEY ISLAND

Cross Island Farms

44301 Cross Island Rd crossislandfarms.com Dani Baker & David Belding 315-482-3663 💔 vegetables, herbs, berries, grapes, beef, eggs, goat, jams, preserves NYS Grown & Certified, certified organic NOFA-NY Please call ahead. Available at Hunner's Market, North Country Welcome Center Taste NY.

WORTH

Worth Gold Farm

8061 Co. Rte. 95 worthgoldfarm.org Shawn Chamberlain 315-408-1088 😚 vegetables, herbs, beef, turkey, chicken, eggs, pork, maple, catering Please call ahead. Available at Watertown Farm & Craft Market.























RETAIL STORES, RESTAURANTS, **CRAFT BEVERAGE PRODUCERS**

ADAMS

Adams Cheese Shop

19 Main St. adamscheese.shop 315-216-7853 😚 honey, maple products, cheese, beef, apple cider, gelato, kimchi, coffee, Croghan bologna

Gram's Diner

13 Main St. gramsdineradams.com 315-232-4881 vegetables, herbs, apples, cheese, coffee, maple products

ADAMS CENTER

Beese's Depot Café

13449 Depot St. 315-284-4062 😗 honey, maple products, baked goods

ALEXANDRIA BAY

Dark Island Spirits

42 Church St. darkislandspirits.com 315-482-2059 spirits, wine, beer, honey, maple products, cheese, jerky

Taste NY at the North Country Welcome Center 43350 Collins Landing Rd 315-215-4187

honey, maple products, cheese, milk, yogurt, snacks, chocolate, ice cream sandwiches, soup, coffee, tea,

The Kitchen at the Captain Visger House

2 Church St. captainvisgerhouse.com 315-681-3422

beef, fish, cheese, vegetables, spirits, coffee

Thousand Islands Winery

43298 Seaway Ave thousandislandswinery.com 315-482-9306

wine, beer, spirits, cheese, grapes, honey, maple products

T.O.T.B. TexMex Bistro

1 James St. totbtexmexbar.com 315-482-4968 wine, beer, spirits, herbs

BLACK RIVER

Busted Grapes Winery

19557 Ball Rd bustedgrapeswine.com 315-777-0932

wine, grapes, beer, spirits

CAPE VINCENT

The Cape Winery

2066 Deerlick Rd thecapewinery.com 315-654-3218

wine, vegetables, apples, honey, maple products, beef, eggs

CARTHAGE

An Eclectic Boutique

301 State St. 808-256-7920 😚 honey, sauces, cocktail syrups, nuts, coffee, jams

The Morning Ritual Cafe

266 State St. 315-519-1039 😚 maple products, honey

CHAUMONT

Chaumont Country Store

12070 NYS Rte. 12E 315-300-4106

fresh vegetables, herbs, berries, apples, honey, maple, cheese, grapes, beef, turkey, chicken, eggs, pork, beer, butter, milk, yogurt, pasta sauce, pasta, bread, baked goods, ice cream, ice, wine, liquor

White Caps Winery

11544 Co Rte. 125 whitecapswinery.com 315-649-2400

wine, beer, spirits, cheese

CLAYTON

1000 Islands Cruet Gourmet Store

226 James St. thecruet.com 315-767-1064 💔 honey, maple products, extra virgin olive oil, vinegar

1000 Islands River Rat Cheese Store

242 James St. riverratcheese.net 800-752-1341

cheese, honey, maple products, candy, coffee, beef, pork, perch, summer sausage, tea, jams, dressing

Bella's Restaurant

602 Riverside Dr. bellasonlinenow.com 315-686-2341

vegetables, herbs, honey, maple products, cheese, beef, eggs, spirits, wine

Channelside Restaurant

506 Riverside Dr thechanelside.com 315-686-2940

cheese, desserts, cocktail syrups, beer, wine, spirits

Clayton Distillery

40164 NYS Rte. 12 claytondistillery.com 315-285-5004 spirits

Coyote Moon Vineyards

17371 East Line Rd coyotemoonvineyards.com 315-686-5600

wine, beer, spirits, maple products, grapes, cheese

Grindstone Island Winerv

42811 School House Rd grindstoneislandwinery.com 315-686-3566 wine, cheese



RETAIL STORES, RESTAURANTS, CRAFT BEVERAGE PRODUCERS

Hunner's Market

720 James St. hunnersmarket.com 315-955-0018 •• vegetables, herbs, berries, apples, honey, beef, cheese, grapes, lamb, turkey, chicken, eggs, pork, butter, milk, yogurt, maple products

Island Bay Pier House Restaurant

110 State St. 315-285-5197 😚

beer, spirits

O'Brien's Restaurant

Osprey Public House

8353 Co. Rte. 9 315-501-4089 🕠

beei

The Hops Spot

507 Riverside Dr. thehopsspotclayton.com 315-686-2337

beef, beer

Saint Lawrence Spirits

38289 NYS Rte. 12E saintlawrencespirits.com 315-285-5224

spirits, beer, wine, beef, cheese

HAMMOND

Bella Brook Vineyard

wine

PHILADELPHIA

Otter Creek Winery

33109 Rudes Rd ottercreekwinery.com 315-642-0622

wine, grapes, honey, maple products, cheese

SACKETS HARBOR

Chrissy Beanz Bakery

105 W. Main St. chrissybeanz.com 315-646-2330 () honey, maple products, cheese, baked goods

WATERTOWN

Alteri's Italian-American Market

948 Bradley St. alteris.market@gmail.com 315-782-7323

honey, maple products, cheese, eggs, fish, sausage, beef, chicken, pork, butter, baked goods, Italian meals

Bottlecaps Beverage Center

952 Arsenal St. bottlecapsbeverage.com 315-681-4053

beer, honey, maple products, cheese, beef, cocktail syrups, coffee, oils, jams, mustards, sauces, sodas

Burrville Cider Mill

18176 Co Rte. 156 burrvillecidermill.com 315-788-7292 **6**

apples, honey, cheese, maple products, baked goods

Craft 836

836 Coffeen St. craft836.com 🙃

beef, maple products

Crosstown Julie Brown ReMarket

1314 Washington St. crosstownjbr.com 315-740-8715

honey, jams, granola, maple products

Garland City Beer Works

321 Howk St. garlandcity.com 315-782-2337 vegetables, hearbs, berries, apples, honey, maple products, cheese, beef, wine, beer

Europe Cakes

Johnny D's

1 Public Sq. #11 315-782-6108 **() cheese, wine**

Maggies on the River

900 Newell St. maggiesontheriver.com 315-778-2713 (1)

wine, beer, spirits

Simmons Farm at 342

25625 Industrial Blvd. 315-608-3008 •• vegetables, herbs, berries, apples, honey, maple products, cheese, grapes, wine, beef, chicken, pork, eggs, ice cream, snacks

State Street Market

454 State St. 315-727-9348 😗

herbs, honey, maple products, eggs, cheese

The 315 Artisan Market

21182 Salmon Run Mall Loop 315-286-6400 **f** honey, maple products, candy, pretzels, sauces, ierky, coffee

The Mustard Seed 🕖

969 Arsenal St. themustardseedonline.com 315-788-2463

vegetables, herbs, honey, maple products, cheese, beef, eggs, granola, baked goods

The Padock Club

Yellow Barn Winery

18876 Co. Rte. 66 yellowbarnwinery.com 315-782-1824

wine

2023 LOCAL FOOD GUIDE SPONSORS

This Local Food Guide was produced as a public service with funding from the sponsors listed on this page.



Jefferson County's
MORTGAGE LEADER

(315) 788-7100

Watertown Savings Bank



- Tourism Information staff
- Themed play area
- Free Wi-Fi
- Electric car charging stations
- Animal comfort area
- Indoor and outdoor seating



The Welcome Center also features Taste NY Market that showcases a broad selection of freshly made items from New York State producers:

Locally roasted coffee

 $I \bigcirc NY$

- Soups, salads, sandwiches
- Assorted chips, nuts, snacks
- Milk, yogurt, cheese, ice cream
- Baked goods
- Various maple & honey products
- Regional artisan gifts
- 24-7 Taste NY vending

LOCATED JUST OFF I-81

43350 Collins Landing Road, Alexandria Bay, NY



taste.ny.gov/NorthCountryWelcomeCenter

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. Contact the Cornell Cooperative Extension of Jefferson County office if you require an accommodation.



Grow Your Agricultural Business in Jefferson County!

We assist in the retention, growth, and promotion of Jefferson County's agricultural industry. Contact us if you have questions on programs available to help you start up or expand your operation. 315-782-5865 x 232

Visit www.comefarmwithus.com for an interactive map of food production.



Tune in to New York's agricultural talk radio show, The Home Grown Show, every Saturday morning at 6 am on AM 790 WTNY or watch and listen on Mondays at 9 am at www.gnuvisions.com.

Follow us on Facebook at Jefferson County Agricultural Economic Development or on Twitter at @Jeffersonagdev.

TO BE LISTED NEXT YEAR

To have your farm or business listed in next year's Local Food Guide, or to tell us about someone else who should be included, please contact:

Christina Shanley

Cornell Cooperative Extension of Jefferson County cms548@cornell.edu or by phone at 315-788-8450 ext. 241