

Warrensburg Farmers Market Hosts Annual Food and Beverage Fest

By Paul Post

SPECIAL TO THE LAKE GEORGE MIRROR

Warrensburg Riverfront Farmers' Market is the first place Paul and Arlene Schule stopped to pick up supplies for a fun weekend at their North Country summer home.

"You get to try local fare," Paul said. "We like the cheese, meat and beer products. They're very good."

"Plus I like the breads and pastries," his wife said.

They were among the steady stream of patrons who turned out for the market's fourth annual Southern Adirondack Local Food & Craft Beverage Festival on Friday, June 21. It was the second of six special events planned this year.

The lineup started with a May 21 Rhubarb Festival. Still to come are Adirondack Riverfront Arts on July 21, Bountiful Harvest on Aug. 16, Apple Festival on Sept. 13 and Garlic Festival on Oct. 11.

Now in its 21st season, Riverfront Farmers' Market is held each Friday from 3-6 pm in the heart of the Warrensburgh Mills Historic District on the banks of the Schroon River.

The Food & Craft Beverage Festival is specifically designed to shine a light on area restaurants, farms and craft beverage producers.

"They give out free samples so people will hopefully go back and patronize their businesses," Market Manager Teresa Whalen



said. "Customers come from all the surrounding communities. We basically service Warren County. We were created to provide access to local foods grown in our county. Over the years more and more small farms have started up."

For growers and producers, the region's many farmer's markets are vital to their success. Warrensburgh-based Caldwell Country Farm is located on East Schroon River Road and also has a retail store on Lake Shore Drive, at the former Rain Tree Restaurant site, in Lake George.

This year's unusually wet, cold weather has hampered production, but Ashley Monroe, who works the farm with her parents, Dale and Hildy, was still able to provide a variety of fresh goods thanks to the farm's high tunnel, which allows crops to be raised inside.

"If we didn't have the high tunnel



Left: Teresa Whalen, who manages the Warrensburgh Riverfront Farmers' Market. Above: Amy Monroe, right, of Caldwell Country Farm, offers fresh-grown produce to customers at the Warrensburgh Riverfront Farmers' Market. Four more special festivals are planned this summer and fall. (Paul Post photo)

we probably would have lost most of our crop," she said.

They also have a large outdoor garden and plant crops throughout the property, based on their individual needs.

"For example, we have celery that prefers cooler weather so we plant it next to the brook where it does better," Monroe said. "I like to experiment and try growing different things. Romaine is new this year for us. We also have husked cherries, which are in the tomato family, but they have a pineapple flavor. They look like cherry tomatoes, but they have a husk on them and we have pine berry that looks like a strawberry, but it's white."

In addition to Warrensburgh, Caldwell Country Farm also participates in the Lake George (10 am-3 pm on Wednesdays) and Bolton Landing (9 am to 2 pm on Fridays) farmer's markets.

Blackberry Hill Farm, one of

only two certified organic farms in Warren County, belongs to farmer's markets in North Creek, Chestertown and Indian Lake as well.

"My wife and I were actually vegetarians for many years because of the poor quality meat in grocery stores," said Bob Barody, a former school bus mechanic. "We said we wouldn't eat meat again until we raised our own. We got into it five years ago. We've always done it organically."

The farm raises beef, poultry and pork in addition to vegetables.

"With the meats we can go year 'round because everything is frozen," Barody said. "We just wanted better quality food. It's definitely a lifestyle change."

Adirondack Gold Maple Farm owners Mark and Cheryl Kenyon said the Warrensburgh market is their main source of income.

"We don't do online sales," he

said. "This is very important for the local people. They're the ones who recognize us. They're buying local because they know the local farmer. They've been to our farm, they know who I am and what we do. So it's great for them to see us at the market."

The Kenyons also belong to the Chestertown market, but Mark said that event is primarily patronized by seasonal camp owners.

"The demographic is completely different at each market," said Wes Ramsey, of Nettle Meadow Farm, an award-winning cheese producer.

He offered market visitors a variety of samples including the farm's popular kunik, which is a three-cream cheese made with goat, sheep and cow's cream plus cow and goat milk. "Unlike brie, which is made from two creams, this is a triple cream so it's smoother and creamier," Ramsey said.

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Nettle Meadow's tasty kunik is aged a little bit longer and washed in an amber ale and Irish whiskey.

Glens Falls Distillery specializes in making bourbon, whiskey and moonshine, which comes in a several flavors such as cinnamon and barrel-aged honey.

"I sealed and corked all of these bottles," said co-owner Ann

Ettinger, who runs the business with her husband, Bernard.

Aside from being good for business, Ann said she likes the social aspect of farmer's markets, which in many ways are carrying on a centuries-old tradition much like markets in Medieval Europe.

"We love meeting and talking to people," she said. "They don't just come to get something and leave, like they would at a supermarket. It's a great place to see friends."

Boaters, Use Extra Caution Over Holiday Weekends

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boats, the weather, or anything unusual. Report any emergencies to local authorities by calling 911 on your cell phone or VHF channel 16.

File a "float plan" with a friend or a relative. A "float plan" lists who is going, where the boat will be going and expected return time. Share it with a friend who will be staying on shore, and instruct them what to do if they don't hear from you within a reasonable time of when you expect to return home.

By following these six simple tips from the U.S. Coast Guard Auxiliary, you could save your life or the life of your passengers. The Lake George Mirror wishes you a safe and happy Independence Day Holiday.

The LAKE STEWARDSHIP GROUP OF CLEVERDALE writes: Please report any illegal or unsafe boating activity that you see. Doing so might save a life or help protect our Lake, and just might improve the quality of life in our neighborhood. At any time, call 518 743-2500, press 1 for non-emergency. This is the Sheriff Dispatcher. During regular business hours weekdays, call 518 668-9347 Lake George Park Commission to get your report transmitted by staff directly to a Lake Patrol vessel.

Cellist to Present Benefit Concert in Bolton, July 20

By Mirror Staff

Cellist Cassandra Mehl, a recent graduate of the Brooklyn Conservatory of music, will present a benefit concert for the Bolton Historical Museum at Bolton Landing's Episcopal Church of St. Sacrament on Saturday, July 20 at 7 pm. Admission is \$10 per person.

Cassandra Mehl was raised in Kingston, NY and began her cello studies while still in elementary school.

Her participation in school and community orchestras, musicals,

choir and theater led her to the Brooklyn Conservatory of music.

This spring, she played a challenging Senior Recital prior to graduation – an event she hoped her grandparents would be able to attend.

Because circumstances prevented them from doing so, Mehl offered to perform in Bolton Landing. That is the genesis of the July 20 concert.

Mehl will begin studying for a Masters Degree from Brooklyn College this fall. In her spare time, she enjoys poetry, art, theater, piano and the banjo.



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Shows Start at 7 p.m., Hague Beach
Aug. 21 & 28 shows start time 6:30 p.m.

- **JULY 3 FIREWORKS — 9:30 pm**
ROCKABILLY HALL OF FAME MEMBER MARTY WENDELL & DAN RABIDEAU — Music starts at 6 pm
(Rain date is July 5th)
- **JULY 10 RICK & SHARON BOLTON — 7 pm**
Hague's hometown favorite returns!! WELCOME!!
- **JULY 17 BEN ROUNDS BAND — 7 pm**
Ben, Scotty & Fred are ready to ROCK YOU!!
- **JULY 24 RUNNING THE RIVER — 7 pm**
Classic Rock, Country, Folk, Irish tunes!! LOVE IT!!
- **JULY 31 ADK SHAKESPEARE THEATER — 7pm**
Play for all ages ... Midsummer's Night's Dream!!
- **AUG 7 AMERICAN ROOTS SHOW — 7 pm**
Bob Stump on guitar, Doug Moody on fiddle ... NICE!!
- **AUG 14 WILLIE PLAYMORE BAND — 7 pm**
Enjoy ZZ Top, Bon Jovi, Allman Bros & MORE!!
- **AUG 21 RICH ORTIZ — 6:30 pm**
One man band w/guitar, harmonica, foot pedal bass ... AMAZING!!
- **AUG 28 THE SWITCH BAND — 6:30 pm**
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"split the boat like a sandwich" when it was only 10 feet from a boathouse.

Two vessel occupants, Mary and Catherine Wade, received leg burns. Two other boating enthusiasts, Charles Wade (Mary's husband) and George McKeon, were uninjured. The explosion tossed the four capital district residents into the water. They were quickly rescued.

The Lake George Fire Department and a forest ranger answered the emergency call.

The wooden motorboat, looking like a 9th century floating Viking cremation pyre, reportedly drifted into the bay and disappeared into the depths.

During this era, motorboat fires sometimes happened. Gas fumes could build up and ignite if a blower was not turned on before starting an engine. Or a brittle fuel hose could leak gas into the bilge causing a devouring burn.

Early August 1948 in Dunham's Bay certainly had its share of lake mishaps. Fortunately, Neptune, the Roman deity of water, claimed no fatalities.

ATF Presents Musical Comedy

The second show of the Adirondack Theatre Festival's 2019 season, "The Enlightenment of Percival Von Schmootz," opens July 5 at the Charles R. Wood Theater in Downtown Glens Falls. A musical comedy, the show runs through July 13. Tickets are \$34-45 and are available at the Wood Theater Box Office, online by calling (518) 480-4878. Many performances sell out, so ATF encourages individuals to purchase tickets in advance. Performances are at 7:30 p.m. Friday July 5, 6, and 9 – 13, along with a 2:00 p.m. matinee performance Wednesday July 10.

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